

## **Preoperative Instructions** **Prior to Intravenous Sedation**

**It is important to avoid solid foods for eight (8) hours prior to your scheduled surgery. Clear fluids such as water, apple juice, black tea or coffee may be consumed in small amounts (a few sips) as long as it is more than four (4) hours prior to your surgery time. Do not consume any alcohol for 24 hours prior to your appointment.**

**Patients receiving a general anesthetic or sedation will require an escort to see them home safely and provide after surgery care as needed. Under no circumstances should a patient operate an automobile or machinery during a twenty-four (24) hour period following surgery.**

**Please wear loose fitting clothing to your surgical appointment to enable the monitoring of vital signs during the procedure. Do not have contact lenses in.**

**Unless instructed otherwise, regular medication should be taken pre-operatively and in that case, a sip of water is permitted.**

**Please advise of any medications you are currently taking and whether you should take them the day of surgery.**